

# WINTER NEWSLETTER 2015

### **Influenza Vaccination Programme**

The Practice held open clinics in October with another open day planned for Tuesday 3 November for those who missed out. You should have received a letter or text invitation if you are eligible for vaccination. We expect 2500 people to have the vaccination in total this year and we have vaccinated over 1700 patients so far. A very successful campaign we're sure you'll agree.

## **E-Mail Addresses**

We'd like to keep you up-to-date with Practice updates, Newsletters, and Health Information. To help us do this we'd like your e-mail address. You can complete the online form to update your information via our website, www.medicayr.co.uk; by completing a slip in the waiting room or by emailing your details to email@medicayr.com.

## <u>Community Nurse</u> <u>Practitioner</u>

In June the Practice introduced you to Deborah Gardiner, our Community Nurse Practitioner. Deborah's main responsibility is visiting patients at home when they are too ill to attend the surgery.

A survey was carried out asking a sample of the patients she had had contact with to comment on their experience. We are very pleased that the response was very positive with patients who required further care commenting that it was nice to know who was coming out and that , having been seen previously, they didn't have to give their history all over again.

Deborah has provided an outstanding service since her role was created and we look forward to her further enhancing the services the Practice provides.

## **Staff Changes**

In August we welcomed Dr's Ogunnaike, Ugbawa and Nielsen to the Practice as part of their ongoing training.

The Practice also recently said farewell to our Records Office Supervisor after 16 years of service. Following an overwhelming response to our advertisement for a new receptionist, we received over 150 applications. Following a very busy selection and interview process we will be pleased to welcome the newest recruit to our team very soon.

#### **Lifesaving Skills**

Would you like to learn CPR? Both Jan McCulloch, Practice Manager, and Morag Neilson, Healthcare Assistant, have undergone training with Heartstart to become instructors. They recently held a very successful event attended by ten patients who all confirm that they would

feel confident to help someone in need.

They can teach you how to provide lifesaving resuscitation to someone suffering a heart attack or choking. If you would be interested in attending a future training session with them please advise a member of the reception team and we can invite you along.



#### **Teenage Health Check**

Are you aged between 14 & 18?

Would you be interested in attending the Practice Nurse for a general health check and advice on lifestyle and sexual health?

We'd like to know if this is service would be of interest to our patients.

Complete our survey via Facebook or complete a questionnaire available in the waiting room.

#### **Pharmacy Collection Service**

Many local pharmacies offer a prescription collection service. When you sign up in Practice for this, we will send your prescription direct to the pharmacy for you, **EVERY** time you order a prescription, even if this is arranged by telephone via the nurse or doctor, saving you a trip to the surgery.

To sign up, ask for a consent form at reception and order your prescriptions as normal. Please allow time for your pharmacy of choice to collect and dispense your prescription. This can take a day or two from ordering from the Practice.

#### **FESTIVE HOLIDAYS**

The Practice will be closed on the following days. Please be sure to order your prescriptions early.

FRIDAY 25 DECEMBER 2015 **CLOSED MONDAY 28 DECEMBER 2015 CLOSED** 

**FRIDAY 1 JANUARY 2016 CLOSED MONDAY 4 JANUARY CLOSED** 

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